JUICELAND NUTRITION FACTS

JUICES MADE TO ORDER

Wake Youp

Med	Large
Calories 237	Calories 316
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 71mg	Sodium 94mg
Carbs 47g	Carbs 62g
Dietary Fiber 4g	Dietary Fiber 5g
Total Sugars 36g	Total Sugars 48g
Added Sugars 0g	Added Sugars 0g
Protein 5g	Protein 7g
Vit D 0mcg	Vit D 0mcg
Potassium 448mg	Potassium 597mg
Calcium 94mg	Calcium 126mg
Iron 1mg	Iron 1mg

Pineapple Volley

Med	Large
Calories 233	Calories 311
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 4mg	Sodium 5mg
Carbs 57g	Carbs 76g
Dietary Fiber 3g	Dietary Fiber 4g
Total Sugars 46g	Total Sugars 61g
Added Sugars 0g	Added Sugars 0g
Protein 3g	Protein 4g
Vit D 0mcg	Vit D 0mcg
Potassium 369mg	Potassium 492mg
Calcium 36mg	Calcium 48mg
Iron 1mg	Iron 1mg

The Punisher

Med	Large
Calories 197	Calories 263
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 184mg	Sodium 245mg
Carbs 46g	Carbs 61g
Dietary Fiber 4g	Dietary Fiber 5g
Total Sugars 34g	Total Sugars 45g
Added Sugars 0g	Added Sugars 0g
Protein 5g	Protein 6g
Vit D 0mcg	Vit D 0mcg
Potassium 1064mg	Potassium 1419mg
Calcium 300mg	Calcium 400mg
Iron 1mg	Iron 2mg

Watermelon

Med	Large
Calories 148	Calories 197
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 3mg	Sodium 4mg
Carbs 37g	Carbs 49g
Dietary Fiber 2g	Dietary Fiber 3g
Total Sugars 30g	Total Sugars 40g
Added Sugars 0g	Added Sugars 0g
Protein 3g	Protein 4g
Vit D 0mcg	Vit D 0mcg
Potassium 509mg	Potassium 679mg
Calcium 41mg	Calcium 54mg
Iron 0mg	Iron 0mg

Watermelonade

Med	Large
Calories 197	Calories 263
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 3mg	Sodium 4mg
Carbs 49g	Carbs 65g
Dietary Fiber 2g	Dietary Fiber 3g
Total Sugars 40g	Total Sugars 53g
Added Sugars 0g	Added Sugars 0g
Protein 4g	Protein 5g
Vit D 0mcg	Vit D 0mcg
Potassium 679mg	Potassium 905mg
Calcium 54mg	Calcium 72mg
Iron 0mg	Iron 0mg

Recovery Punch

Med	Large
Calories 220	Calories 294
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 84mg	Sodium 112mg
Carbs 54g	Carbs 72g
Dietary Fiber 3g	Dietary Fiber 4g
Total Sugars 43g	Total Sugars 57g
Added Sugars 0g	Added Sugars 0g
Protein 4g	Protein 5g
Vit D 0mcg	Vit D 0mcg
Potassium 730mg	Potassium 973mg
Calcium 72mg	Calcium 96mg
Iron 1mg	Iron 1mg

Tree of Life

Med	Large
Calories 237	Calories 316
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 125mg	Sodium 167mg
Carbs 46g	Carbs 61g
Dietary Fiber 4g	Dietary Fiber 5g
Total Sugars 34g	Total Sugars 45g
Added Sugars 0g	Added Sugars 0g
Protein 5g	Protein 6g
Vit D 0mcg	Vit D 0mcg
Potassium 1064mg	Potassium 1419mg
Calcium 300mg	Calcium 400mg
Iron 1mg	Iron 2mg

Tigerlily

Med	Large
Calories 98	Calories 131
Fat 0g	Fat 0g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 10mg	Sodium 13mg
Carbs 25g	Carbs 33g
Dietary Fiber 1g	Dietary Fiber 2g
Total Sugars 19g	Total Sugars 25g
Added Sugars 0g	Added Sugars 0g
Protein 1g	Protein 2g
Vit D 0mcg	Vit D 0mcg
Potassium 299mg	Potassium 399mg
Calcium 24mg	Calcium 32mg
Iron 0mg	Iron 0mg

Tree of Life Youp

Med	Large
Calories 237	Calories 316
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 125mg	Sodium 167mg
Carbs 46g	Carbs 61g
Dietary Fiber 4g	Dietary Fiber 5g
Total Sugars 34g	Total Sugars 45g
Added Sugars 0g	Added Sugars 0g
Protein 5g	Protein 6g
Vit D 0mcg	Vit D 0mcg
Potassium 1064mg	Potassium 1419mg
Calcium 300mg	Calcium 400mg
Iron 1mg	Iron 2mg

Kiss Kiss Pam Yul

Med	Large
Calories 208	Calories 277
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 106mg	Sodium 142mg
Carbs 50g	Carbs 67g
Dietary Fiber 5g	Dietary Fiber 7g
Total Sugars 38g	Total Sugars 51g
Added Sugars 0g	Added Sugars 0g
Protein 4g	Protein 5g
Vit D 0mcg	Vit D 0mcg
Potassium 1064mg	Potassium 1419mg
Calcium 300mg	Calcium 400mg
Iron 1mg	Iron 2mg

Ninja Bachelor Party

Med	Large
Calories 197	Calories 263
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 184mg	Sodium 245mg
Carbs 46g	Carbs 61g
Dietary Fiber 4g	Dietary Fiber 5g
Total Sugars 34g	Total Sugars 45g
Added Sugars 0g	Added Sugars 0g
Protein 5g	Protein 6g
Vit D 0mcg	Vit D 0mcg
Potassium 1064mg	Potassium 1419mg
Calcium 300mg	Calcium 400mg
Iron 1mg	Iron 2mg

Tigerlily Youp

Med	Large
Calories 98	Calories 131
Fat 0g	Fat 0g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 10mg	Sodium 13mg
Carbs 25g	Carbs 33g
Dietary Fiber 1g	Dietary Fiber 2g
Total Sugars 19g	Total Sugars 25g
Added Sugars 0g	Added Sugars 0g
Protein 1g	Protein 2g
Vit D 0mcg	Vit D 0mcg
Potassium 299mg	Potassium 399mg
Calcium 24mg	Calcium 32mg
Iron 0mg	Iron 0mg

Tree of Life Pam

Med	Large
Calories 237	Calories 316
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 125mg	Sodium 167mg
Carbs 46g	Carbs 61g
Dietary Fiber 4g	Dietary Fiber 5g
Total Sugars 34g	Total Sugars 45g
Added Sugars 0g	Added Sugars 0g
Protein 5g	Protein 6g
Vit D 0mcg	Vit D 0mcg
Potassium 1064mg	Potassium 1419mg
Calcium 300mg	Calcium 400mg
Iron 1mg	Iron 2mg

Recovery Punch Youp

Med	Large
Calories 220	Calories 294
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 84mg	Sodium 112mg
Carbs 54g	Carbs 72g
Dietary Fiber 3g	Dietary Fiber 4g
Total Sugars 43g	Total Sugars 57g
Added Sugars 0g	Added Sugars 0g
Protein 4g	Protein 5g
Vit D 0mcg	Vit D 0mcg
Potassium 730mg	Potassium 973mg
Calcium 72mg	Calcium 96mg
Iron 1mg	Iron 1mg

KETAEL JUICES

Junglebilly

Med	Large
Calories 179	Calories 238
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 134mg	Sodium 179mg
Carbs 34g	Carbs 45g
Dietary Fiber 3g	Dietary Fiber 4g
Total Sugars 27g	Total Sugars 36g
Added Sugars 0g	Added Sugars 0g
Protein 5g	Protein 6g
Vit D 0mcg	Vit D 0mcg
Potassium 886mg	Potassium 1180mg
Calcium 249mg	Calcium 332mg
Iron 1mg	Iron 1mg

Golden Glow

Med	Large
Calories 311	Calories 414
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 104mg	Sodium 139mg
Carbs 74g	Carbs 99g
Dietary Fiber 4g	Dietary Fiber 5g
Total Sugars 56g	Total Sugars 75g
Added Sugars 0g	Added Sugars 0g
Protein 5g	Protein 7g
Vit D 0mcg	Vit D 0mcg
Potassium 1064mg	Potassium 1419mg
Calcium 300mg	Calcium 400mg
Iron 2mg	Iron 2mg

Appleby

Med	Large
Calories 160	Calories 213
Fat 0g	Fat 0g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 53mg	Sodium 70mg
Carbs 41g	Carbs 54g
Dietary Fiber 3g	Dietary Fiber 4g
Total Sugars 34g	Total Sugars 45g
Added Sugars 0g	Added Sugars 0g
Protein 3g	Protein 4g
Vit D 0mcg	Vit D 0mcg
Potassium 799mg	Potassium 1065mg
Calcium 72mg	Calcium 96mg
Iron 1mg	Iron 1mg

Chocolate Hemp Milk

Med	Large
Calories 382	Calories 510
Fat 19g	Fat 25g
Sat Fat 2g	Sat Fat 3g
Cholesterol 0mg	Cholesterol 0mg
Sodium 84mg	Sodium 112mg
Carbs 47g	Carbs 63g
Dietary Fiber 6g	Dietary Fiber 8g
Total Sugars 30g	Total Sugars 40g
Added Sugars 0g	Added Sugars 0g
Protein 12g	Protein 16g
Vit D 0mcg	Vit D 0mcg
Potassium 1064mg	Potassium 1419mg
Calcium 300mg	Calcium 400mg
Iron 2mg	Iron 3mg

Gingerade

Med	Large
Calories 138	Calories 184
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 104mg	Sodium 139mg
Carbs 34g	Carbs 45g
Dietary Fiber 2g	Dietary Fiber 3g
Total Sugars 27g	Total Sugars 36g
Added Sugars 0g	Added Sugars 0g
Protein 3g	Protein 4g
Vit D 0mcg	Vit D 0mcg
Potassium 332mg	Potassium 443mg
Calcium 36mg	Calcium 48mg
Iron 1mg	Iron 1mg

Spicify

Med	Large
Calories 56	Calories 75
Fat 0g	Fat 0g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 104mg	Sodium 139mg
Carbs 14g	Carbs 18g
Dietary Fiber 1g	Dietary Fiber 1g
Total Sugars 11g	Total Sugars 14g
Added Sugars 0g	Added Sugars 0g
Protein 1g	Protein 1g
Vit D 0mcg	Vit D 0mcg
Potassium 166mg	Potassium 221mg
Calcium 12mg	Calcium 16mg
Iron 0mg	Iron 0mg

Watermelon Lime

Med	Large
Calories 170	Calories 227
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 134mg	Sodium 179mg
Carbs 43g	Carbs 57g
Dietary Fiber 2g	Dietary Fiber 3g
Total Sugars 34g	Total Sugars 45g
Added Sugars 0g	Added Sugars 0g
Protein 3g	Protein 4g
Vit D 0mcg	Vit D 0mcg
Potassium 611mg	Potassium 815mg
Calcium 41mg	Calcium 54mg
Iron 0mg	Iron 0mg

Green Cleanse

Med	Large
Calories 137	Calories 183
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 134mg	Sodium 179mg
Carbs 32g	Carbs 43g
Dietary Fiber 4g	Dietary Fiber 5g
Total Sugars 18g	Total Sugars 24g
Added Sugars 0g	Added Sugars 0g
Protein 7g	Protein 9g
Vit D 0mcg	Vit D 0mcg
Potassium 1064mg	Potassium 1419mg
Calcium 300mg	Calcium 400mg
Iron 2mg	Iron 3mg

Recovery Punch

Med	Large
Calories 220	Calories 294
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 84mg	Sodium 112mg
Carbs 54g	Carbs 72g
Dietary Fiber 3g	Dietary Fiber 4g
Total Sugars 43g	Total Sugars 57g
Added Sugars 0g	Added Sugars 0g
Protein 4g	Protein 5g
Vit D 0mcg	Vit D 0mcg
Potassium 730mg	Potassium 973mg
Calcium 72mg	Calcium 96mg
Iron 1mg	Iron 1mg

SMOOTHIES

Wonderwoman

Med	Large
Calories 340	Calories 453
Fat 9g	Fat 12g
Sat Fat 1g	Sat Fat 2g
Cholesterol 0mg	Cholesterol 0mg
Sodium 313mg	Sodium 418mg
Carbs 58g	Carbs 77g
Dietary Fiber 10g	Dietary Fiber 13g
Total Sugars 36g	Total Sugars 48g
Added Sugars 0g	Added Sugars 0g
Protein 16g	Protein 21g
Vit D 0mcg	Vit D 0mcg
Potassium 1064mg	Potassium 1419mg
Calcium 300mg	Calcium 400mg
Iron 3mg	Iron 4mg

Hydrate Collective

Med	Large
Calories 197	Calories 263
Fat 0g	Fat 0g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 184mg	Sodium 245mg
Carbs 46g	Carbs 61g
Dietary Fiber 4g	Dietary Fiber 5g
Total Sugars 34g	Total Sugars 45g
Added Sugars 0g	Added Sugars 0g
Protein 5g	Protein 6g
Vit D 0mcg	Vit D 0mcg
Potassium 1064mg	Potassium 1419mg
Calcium 300mg	Calcium 400mg
Iron 1mg	Iron 2mg

Pam Bam

Med	Large
Calories 460	Calories 562
Fat 9g	Fat 12g
Sat Fat 1g	Sat Fat 2g
Cholesterol 0mg	Cholesterol 0mg
Sodium 313mg	Sodium 418mg
Carbs 81g	Carbs 108g
Dietary Fiber 10g	Dietary Fiber 13g
Total Sugars 58g	Total Sugars 77g
Added Sugars 0g	Added Sugars 0g
Protein 16g	Protein 21g
Vit D 0mcg	Vit D 0mcg
Potassium 1064mg	Potassium 1419mg
Calcium 300mg	Calcium 400mg
Iron 3mg	Iron 4mg

Berry Godmother

Med	Large
Calories 298	Calories 394
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 104mg	Sodium 139mg
Carbs 70g	Carbs 93g
Dietary Fiber 8g	Dietary Fiber 11g
Total Sugars 54g	Total Sugars 72g
Added Sugars 0g	Added Sugars 0g
Protein 5g	Protein 7g
Vit D 0mcg	Vit D 0mcg
Potassium 1064mg	Potassium 1419mg
Calcium 300mg	Calcium 400mg
Iron 1mg	Iron 2mg

I Dream of Sesame

Med	Large
Calories 337	Calories 449
Fat 17g	Fat 23g
Sat Fat 2g	Sat Fat 3g
Cholesterol 0mg	Cholesterol 0mg
Sodium 84mg	Sodium 112mg
Carbs 41g	Carbs 55g
Dietary Fiber 8g	Dietary Fiber 11g
Total Sugars 27g	Total Sugars 36g
Added Sugars 0g	Added Sugars 0g
Protein 12g	Protein 16g
Vit D 0mcg	Vit D 0mcg
Potassium 886mg	Potassium 1180mg
Calcium 249mg	Calcium 332mg
Iron 2mg	Iron 3mg

Clementine

Med	Large
Calories 281	Calories 375
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 84mg	Sodium 112mg
Carbs 70g	Carbs 93g
Dietary Fiber 8g	Dietary Fiber 11g
Total Sugars 54g	Total Sugars 72g
Added Sugars 0g	Added Sugars 0g
Protein 5g	Protein 7g
Vit D 0mcg	Vit D 0mcg
Potassium 1064mg	Potassium 1419mg
Calcium 300mg	Calcium 400mg
Iron 1mg	Iron 2mg

Hawaii Five

Med	Large
Calories 332	Calories 447
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 84mg	Sodium 112mg
Carbs 85g	Carbs 113g
Dietary Fiber 8g	Dietary Fiber 11g
Total Sugars 54g	Total Sugars 72g
Added Sugars 0g	Added Sugars 0g
Protein 5g	Protein 7g
Vit D 0mcg	Vit D 0mcg
Potassium 886mg	Potassium 1180mg
Calcium 249mg	Calcium 332mg
Iron 1mg	Iron 2mg

Hulka Bun

Med	Large
Calories 298	Calories 394
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 104mg	Sodium 139mg
Carbs 70g	Carbs 93g
Dietary Fiber 8g	Dietary Fiber 11g
Total Sugars 54g	Total Sugars 72g
Added Sugars 0g	Added Sugars 0g
Protein 5g	Protein 7g
Vit D 0mcg	Vit D 0mcg
Potassium 1064mg	Potassium 1419mg
Calcium 300mg	Calcium 400mg
Iron 1mg	Iron 2mg

Honey Bee

Med	Large
Calories 197	Calories 263
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 104mg	Sodium 139mg
Carbs 46g	Carbs 61g
Dietary Fiber 4g	Dietary Fiber 5g
Total Sugars 34g	Total Sugars 45g
Added Sugars 0g	Added Sugars 0g
Protein 5g	Protein 6g
Vit D 0mcg	Vit D 0mcg
Potassium 1064mg	Potassium 1419mg
Calcium 300mg	Calcium 400mg
Iron 1mg	Iron 2mg

Banana Split

Med	Large
Calories 197	Calories 263
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 104mg	Sodium 139mg
Carbs 46g	Carbs 61g
Dietary Fiber 4g	Dietary Fiber 5g
Total Sugars 34g	Total Sugars 45g
Added Sugars 0g	Added Sugars 0g
Protein 5g	Protein 6g
Vit D 0mcg	Vit D 0mcg
Potassium 1064mg	Potassium 1419mg
Calcium 300mg	Calcium 400mg
Iron 1mg	Iron 2mg

Julia Verde

Med	Large
Calories 160	Calories 213
Fat 0g	Fat 0g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 53mg	Sodium 70mg
Carbs 41g	Carbs 54g
Dietary Fiber 3g	Dietary Fiber 4g
Total Sugars 34g	Total Sugars 45g
Added Sugars 0g	Added Sugars 0g
Protein 3g	Protein 4g
Vit D 0mcg	Vit D 0mcg
Potassium 799mg	Potassium 1065mg
Calcium 72mg	Calcium 96mg
Iron 1mg	Iron 1mg

Kaleidoscope

Med	Large
Calories 516	Calories 687
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 84mg	Sodium 112mg
Carbs 134g	Carbs 179g
Dietary Fiber 16g	Dietary Fiber 21g
Total Sugars 108g	Total Sugars 144g
Added Sugars 0g	Added Sugars 0g
Protein 10g	Protein 13g
Vit D 0mcg	Vit D 0mcg
Potassium 2026mg	Potassium 2701mg
Calcium 192mg	Calcium 256mg
Iron 3mg	Iron 4mg

Morning Sunshine

Med	Large
Calories 288	Calories 384
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 104mg	Sodium 139mg
Carbs 70g	Carbs 93g
Dietary Fiber 8g	Dietary Fiber 11g
Total Sugars 54g	Total Sugars 72g
Added Sugars 0g	Added Sugars 0g
Protein 5g	Protein 7g
Vit D 0mcg	Vit D 0mcg
Potassium 1064mg	Potassium 1419mg
Calcium 300mg	Calcium 400mg
Iron 1mg	Iron 2mg

Woodsteam

Med	Large
Calories 197	Calories 263
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 104mg	Sodium 139mg
Carbs 46g	Carbs 61g
Dietary Fiber 4g	Dietary Fiber 5g
Total Sugars 34g	Total Sugars 45g
Added Sugars 0g	Added Sugars 0g
Protein 5g	Protein 6g
Vit D 0mcg	Vit D 0mcg
Potassium 1064mg	Potassium 1419mg
Calcium 300mg	Calcium 400mg
Iron 1mg	Iron 2mg

Mr. Peabody

Med	Large
Calories 274	Calories 365
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 186mg	Sodium 248mg
Carbs 70g	Carbs 93g
Dietary Fiber 8g	Dietary Fiber 11g
Total Sugars 54g	Total Sugars 72g
Added Sugars 0g	Added Sugars 0g
Protein 10g	Protein 13g
Vit D 0mcg	Vit D 0mcg
Potassium 1064mg	Potassium 1419mg
Calcium 300mg	Calcium 400mg
Iron 2mg	Iron 3mg

Strawberry Mylkshake

Med	Large
Calories 197	Calories 263
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 104mg	Sodium 139mg
Carbs 46g	Carbs 61g
Dietary Fiber 4g	Dietary Fiber 5g
Total Sugars 34g	Total Sugars 45g
Added Sugars 0g	Added Sugars 0g
Protein 5g	Protein 6g
Vit D 0mcg	Vit D 0mcg
Potassium 1064mg	Potassium 1419mg
Calcium 300mg	Calcium 400mg
Iron 1mg	Iron 2mg

Originator

Med	Large
Calories 401	Calories 534
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 104mg	Sodium 139mg
Carbs 73g	Carbs 97g
Dietary Fiber 8g	Dietary Fiber 11g
Total Sugars 54g	Total Sugars 72g
Added Sugars 0g	Added Sugars 0g
Protein 16g	Protein 21g
Vit D 0mcg	Vit D 0mcg
Potassium 1064mg	Potassium 1419mg
Calcium 300mg	Calcium 400mg
Iron 3mg	Iron 4mg

Peachy Green

Med	Large
Calories 238	Calories 317
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 313mg	Sodium 418mg
Carbs 58g	Carbs 77g
Dietary Fiber 8g	Dietary Fiber 11g
Total Sugars 36g	Total Sugars 48g
Added Sugars 0g	Added Sugars 0g
Protein 5g	Protein 7g
Vit D 0mcg	Vit D 0mcg
Potassium 1064mg	Potassium 1419mg
Calcium 300mg	Calcium 400mg
Iron 1mg	Iron 2mg

Raspberry Hooray

Med	Large
Calories 260	Calories 346
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 104mg	Sodium 139mg
Carbs 70g	Carbs 93g
Dietary Fiber 8g	Dietary Fiber 11g
Total Sugars 54g	Total Sugars 72g
Added Sugars 0g	Added Sugars 0g
Protein 5g	Protein 7g
Vit D 0mcg	Vit D 0mcg
Potassium 1064mg	Potassium 1419mg
Calcium 300mg	Calcium 400mg
Iron 1mg	Iron 2mg

Blue Hollaback

Med	Large
Calories 197	Calories 263
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 104mg	Sodium 139mg
Carbs 46g	Carbs 61g
Dietary Fiber 4g	Dietary Fiber 5g
Total Sugars 34g	Total Sugars 45g
Added Sugars 0g	Added Sugars 0g
Protein 5g	Protein 6g
Vit D 0mcg	Vit D 0mcg
Potassium 1064mg	Potassium 1419mg
Calcium 300mg	Calcium 400mg
Iron 1mg	Iron 2mg

Aunt Bessi

1 Serving
Calories 342
Fat 12g
Sat Fat 2g
Cholesterol 0mg
Sodium 84mg
Carbs 54g
Dietary Fiber 10g
Total Sugars 36g
Added Sugars 0g
Protein 9g
Vit D 0mcg
Potassium 1064mg
Calcium 300mg
Iron 2mg

Pacific Pear

Med	Large
Calories 197	Calories 263
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 104mg	Sodium 139mg
Carbs 46g	Carbs 61g
Dietary Fiber 4g	Dietary Fiber 5g
Total Sugars 34g	Total Sugars 45g
Added Sugars 0g	Added Sugars 0g
Protein 5g	Protein 6g
Vit D 0mcg	Vit D 0mcg
Potassium 1064mg	Potassium 1419mg
Calcium 300mg	Calcium 400mg
Iron 1mg	Iron 2mg

Pancaster

Med	Large
Calories 197	Calories 263
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 104mg	Sodium 139mg
Carbs 46g	Carbs 61g
Dietary Fiber 4g	Dietary Fiber 5g
Total Sugars 34g	Total Sugars 45g
Added Sugars 0g	Added Sugars 0g
Protein 5g	Protein 6g
Vit D 0mcg	Vit D 0mcg
Potassium 1064mg	Potassium 1419mg
Calcium 300mg	Calcium 400mg
Iron 1mg	Iron 2mg

Parasite Found

Med	Large
Calories 316	Calories 421
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 104mg	Sodium 139mg
Carbs 70g	Carbs 93g
Dietary Fiber 8g	Dietary Fiber 11g
Total Sugars 54g	Total Sugars 72g
Added Sugars 0g	Added Sugars 0g
Protein 5g	Protein 7g
Vit D 0mcg	Vit D 0mcg
Potassium 1064mg	Potassium 1419mg
Calcium 300mg	Calcium 400mg
Iron 1mg	Iron 2mg

Kind Booster

Med	Large
Calories 313	Calories 392
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 104mg	Sodium 139mg
Carbs 70g	Carbs 93g
Dietary Fiber 8g	Dietary Fiber 11g
Total Sugars 54g	Total Sugars 72g
Added Sugars 0g	Added Sugars 0g
Protein 5g	Protein 7g
Vit D 0mcg	Vit D 0mcg
Potassium 1064mg	Potassium 1419mg
Calcium 300mg	Calcium 400mg
Iron 1mg	Iron 2mg

Mint Chloé

Med	Large
Calories 478	Calories 637
Fat 1g	Fat 1g
Sat Fat 0g	Sat Fat 0g
Cholesterol 0mg	Cholesterol 0mg
Sodium 104mg	Sodium 139mg
Carbs 70g	Carbs 93g
Dietary Fiber 8g	Dietary Fiber 11g
Total Sugars 54g	Total Sugars 72g
Added Sugars 0g	Added Sugars 0g
Protein 5g	Protein 7g
Vit D 0mcg	Vit D 0mcg
Potassium 1064mg	Potassium 1419mg
Calcium 300mg	Calcium 400mg
Iron 1mg	Iron 2mg

SHOTS & PICK-ME-UPS

K-O Shot

Shot
Calories 0
Fat 0g
Sat Fat 0g
Cholesterol 0mg
Sodium 0mg
Carbs 0g
Dietary Fiber 0g
Total Sugars 0g
Added Sugars 0g
Protein 0g
Vit D 0mcg
Potassium 0mg
Calcium 0mg
Iron 0mg

Liquid Gold

Shot
Calories 0
Fat 0g
Sat Fat 0g
Cholesterol 0mg
Sodium 0mg
Carbs 0g
Dietary Fiber 0g
Total Sugars 0g
Added Sugars 0g
Protein 0g
Vit D 0mcg
Potassium 0mg
Calcium 0mg
Iron 0mg

Hot Shot

Shot
Calories 0
Fat 0g
Sat Fat 0g
Cholesterol 0mg
Sodium 0mg
Carbs 0g
Dietary Fiber 0g
Total Sugars 0g
Added Sugars 0g
Protein 0g
Vit D 0mcg
Potassium 0mg
Calcium 0mg
Iron 0mg

Dr. Doctor

Shot
Calories 0
Fat 0g
Sat Fat 0g
Cholesterol 0mg
Sodium 0mg
Carbs 0g
Dietary Fiber 0g
Total Sugars 0g
Added Sugars 0g
Protein 0g
Vit D 0mcg
Potassium 0mg
Calcium 0mg
Iron 0mg

Next 2 Her

Shot
Calories 0
Fat 0g
Sat Fat 0g
Cholesterol 0mg
Sodium 0mg
Carbs 0g
Dietary Fiber 0g
Total Sugars 0g
Added Sugars 0g
Protein 0g
Vit D 0mcg
Potassium 0mg
Calcium 0mg
Iron 0mg

Blue Dream

Shot
Calories 0
Fat 0g
Sat Fat 0g
Cholesterol 0mg
Sodium 0mg
Carbs 0g
Dietary Fiber 0g
Total Sugars 0g
Added Sugars 0g
Protein 0g
Vit D 0mcg
Potassium 0mg
Cal