

JuiceLand Nutrition Facts

Juices (Made to Order)

| Ninja Bachelor Party | | | Pleasant Valley | | |
|----------------------|-------------------|-------------------|-------------------|-------------------|-------------------|
| 14oz | 18oz | 24oz | 14oz | 18oz | 24oz |
| Calories: 148 | Calories: 192 | Calories: 255 | Calories: 181 | Calories: 233 | Calories: 311 |
| Fat: 1g | Fat: 1g | Fat: 1g | Fat: 0g | Fat: 0g | Fat: 0g |
| Sat Fat: 0g | Sat Fat: 0g | Sat Fat: 0g | Sat Fat: 0g | Sat Fat: 0g | Sat Fat: 0g |
| Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg |
| Sodium: 203mg | Sodium: 264mg | Sodium: 351mg | Sodium: 2mg | Sodium: 3mg | Sodium: 4mg |
| Carbs: 33g | Carbs: 43g | Carbs: 57g | Carbs: 42g | Carbs: 53g | Carbs: 71g |
| Dietary Fiber: 2g | Dietary Fiber: 3g | Dietary Fiber: 4g | Dietary Fiber: 1g | Dietary Fiber: 1g | Dietary Fiber: 2g |
| Total Sugars: 22g | Total Sugars: 28g | Total Sugars: 37g | Total Sugars: 35g | Total Sugars: 45g | Total Sugars: 60g |
| Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g |
| Protein: 2g | Protein: 3g | Protein: 4g | Protein: 1g | Protein: 2g | Protein: 3g |
| Potassium: 635mg | Potassium: 825mg | Potassium: 1098mg | Potassium: 618mg | Potassium: 795mg | Potassium: 1060mg |
| Calcium: 122mg | Calcium: 159mg | Calcium: 212mg | Calcium: 29mg | Calcium: 37mg | Calcium: 49mg |
| Iron: 2mg | Iron: 3mg | Iron: 3mg | Iron: 1mg | Iron: 1mg | Iron: 1mg |
| Recovery Punch | | | The Fountain | | |
| 14oz | 18oz | 24oz | 14oz | 18oz | 24oz |
| Calories: 173 | Calories: 225 | Calories: 299 | Calories: 111 | Calories: 144 | Calories: 191 |
| Fat: 1g | Fat: 1g | Fat: 2g | Fat: 1g | Fat: 1g | Fat: 1g |
| Sat Fat: 0g | Sat Fat: 0g | Sat Fat: 0g | Sat Fat: 0g | Sat Fat: 0g | Sat Fat: 0g |
| Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg |
| Sodium: 35mg | Sodium: 45mg | Sodium: 59mg | Sodium: 169mg | Sodium: 219mg | Sodium: 291mg |
| Carbs: 42g | Carbs: 54g | Carbs: 72g | Carbs: 25g | Carbs: 33g | Carbs: 44g |
| Dietary Fiber: 2g | Dietary Fiber: 2g | Dietary Fiber: 3g | Dietary Fiber: 3g | Dietary Fiber: 4g | Dietary Fiber: 5g |
| Total Sugars: 35g | Total Sugars: 45g | Total Sugars: 60g | Total Sugars: 9g | Total Sugars: 12g | Total Sugars: 15g |
| Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g |
| Protein: 1g | Protein: 1g | Protein: 2g | Protein: 4g | Protein: 5g | Protein: 6g |
| Potassium: 564mg | Potassium: 732mg | Potassium: 974mg | Potassium: 967mg | Potassium: 1256mg | Potassium: 1671mg |
| Calcium: 55mg | Calcium: 71mg | Calcium: 95mg | Calcium: 161mg | Calcium: 209mg | Calcium: 278mg |
| Iron: 2mg | Iron: 2mg | Iron: 3mg | Iron: 2mg | Iron: 3mg | Iron: 4mg |
| Tigerlilly | | | Tree of Life | | |
| 14oz | 18oz | 24oz | 14oz | 18oz | 24oz |
| Calories: 99 | Calories: 128 | Calories: 171 | Calories: 129 | Calories: 167 | Calories: 222 |
| Fat: 0g | Fat: 0g | Fat: 0g | Fat: 1g | Fat: 1g | Fat: 2g |
| Sat Fat: 0g | Sat Fat: 0g | Sat Fat: 0g | Sat Fat: 0g | Sat Fat: 1g | Sat Fat: 1g |
| Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg |
| Sodium: 198mg | Sodium: 257mg | Sodium: 342mg | Sodium: 250mg | Sodium: 325mg | Sodium: 433mg |
| Carbs: 12g | Carbs: 16g | Carbs: 22g | Carbs: 35g | Carbs: 46g | Carbs: 61g |
| Dietary Fiber: 3g | Dietary Fiber: 4g | Dietary Fiber: 5g | Dietary Fiber: 5g | Dietary Fiber: 6g | Dietary Fiber: 7g |
| Total Sugars: 5g | Total Sugars: 6g | Total Sugars: 8g | Total Sugars: 13g | Total Sugars: 17g | Total Sugars: 23g |
| Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g |
| Protein: 2g | Protein: 3g | Protein: 4g | Protein: 3g | Protein: 4g | Protein: 6g |
| Potassium: 605mg | Potassium: 786mg | Potassium: 1045mg | Potassium: 1122mg | Potassium: 1457mg | Potassium: 1938mg |
| Calcium: 43mg | Calcium: 56mg | Calcium: 75mg | Calcium: 114mg | Calcium: 148mg | Calcium: 197mg |
| Iron: 2mg | Iron: 2mg | Iron: 3mg | Iron: 2mg | Iron: 3mg | Iron: 4mg |

| Watermelon | | | Xtra Holla Pain Yo! | | |
|-------------------|-------------------|-------------------|---------------------|-------------------|-------------------|
| 14oz | 18oz | 24oz | 14oz | 18oz | 24oz |
| Calories: 132 | Calories: 171 | Calories: 227 | Calories: 176 | Calories: 228 | Calories: 303 |
| Fat: 2g | Fat: 2g | Fat: 3g | Fat: 1g | Fat: 2g | Fat: 2g |
| Sat Fat: 0g | Sat Fat: 0g | Sat Fat: 0g | Sat Fat: 0g | Sat Fat: 0g | Sat Fat: 0g |
| Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg |
| Sodium: 9mg | Sodium: 11mg | Sodium: 15mg | Sodium: 139mg | Sodium: 180mg | Sodium: 239mg |
| Carbs: 30g | Carbs: 38g | Carbs: 54g | Carbs: 42g | Carbs: 54g | Carbs: 72g |
| Dietary Fiber: 2g | Dietary Fiber: 2g | Dietary Fiber: 3g | Dietary Fiber: 3g | Dietary Fiber: 4g | Dietary Fiber: 5g |
| Total Sugars: 31g | Total Sugars: 41g | Total Sugars: 54g | Total Sugars: 24g | Total Sugars: 31g | Total Sugars: 41g |
| Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g |
| Protein: 0g | Protein: 0g | Protein: 0g | Protein: 4g | Protein: 5g | Protein: 7g |
| Potassium: 478mg | Potassium: 621mg | Potassium: 826mg | Potassium: 1067mg | Potassium: 1386mg | Potassium: 1844mg |
| Calcium: 45mg | Calcium: 59mg | Calcium: 78mg | Calcium: 101mg | Calcium: 131mg | Calcium: 175mg |
| Iron: 2mg | Iron: 2mg | Iron: 3mg | Iron: 2mg | Iron: 3mg | Iron: 5mg |

Aguas Frescas

| Pineapple Blue Majik Ginger | | | Pineapple Cherry Limeade | | |
|-----------------------------|-------------------|-------------------|--------------------------|-------------------|-------------------|
| 14oz | 18oz | 24oz | 14oz | 18oz | 24oz |
| Calories: 136 | Calories: 171 | Calories: 239 | Calories: 157 | Calories: 196 | Calories: 273 |
| Fat: 0.3g | Fat: 0.4g | Fat: 0.6g | Fat: 0.4g | Fat: 0.5g | Fat: 0.7g |
| Sat Fat: 0g | Sat Fat: 0g | Sat Fat: .1g | Sat Fat: 0g | Sat Fat: 0g | Sat Fat: 0.1g |
| Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg |
| Sodium: 6mg | Sodium: 7mg | Sodium: 10mg | Sodium: 5mg | Sodium: 7mg | Sodium: 9mg |
| Carbs: 33g | Carbs: 41g | Carbs: 58g | Carbs: 38g | Carbs: 48g | Carbs: 67g |
| Dietary Fiber: 1g | Dietary Fiber: 1g | Dietary Fiber: 1g | Dietary Fiber: 1g | Dietary Fiber: 2g | Dietary Fiber: 2g |
| Total Sugars: 25g | Total Sugars: 31g | Total Sugars: 44g | Total Sugars: 30g | Total Sugars: 37g | Total Sugars: 51g |
| Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g |
| Protein: 1g | Protein: 1g | Protein: 2g | Protein: 1g | Protein: 2g | Protein: 2g |
| Calcium: 3% | Calcium: 4% | Calcium: 6% | Calcium: 4% | Calcium: 5% | Calcium: 7% |
| Iron: 4% | Iron: 6% | Iron: 8% | Iron: 5% | Iron: 6% | Iron: 9% |

| Pineapple Spinach Mint | | |
|------------------------|-------------------|-------------------|
| 14oz | 18oz | 24oz |
| Calories: 139 | Calories: 175 | Calories: 244 |
| Fat: 0.4g | Fat: 0.5g | Fat: 0.7g |
| Sat Fat: 0g | Sat Fat: 0.1g | Sat Fat: 0.1g |
| Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg |
| Sodium: 20mg | Sodium: 26mg | Sodium: 38mg |
| Carbs: 33g | Carbs: 42g | Carbs: 59g |
| Dietary Fiber: 1g | Dietary Fiber: 2g | Dietary Fiber: 2g |
| Total Sugars: 25g | Total Sugars: 31g | Total Sugars: 44g |
| Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g |
| Protein: 2g | Protein: 2g | Protein: 3g |
| Calcium: 6% | Calcium: 8% | Calcium: 11% |
| Iron: 8% | Iron: 10% | Iron: 15% |

Juices (Retail)

| Applelilly | Chocolate Hemp Milk | Beet Street | Gingerade | Golden Glow | Golden Mylk |
|----------------------|----------------------------|-----------------------|-------------------|------------------------|--------------------|
| 18oz | 18oz | 16oz | 18oz | 18oz | 16oz |
| Calories: 189 | Calories: 392 | Calories: 90 | Calories: 136 | Calories: 271 | Calories: 300 |
| Fat: 0g | Fat: 15g | Fat: 2g | Fat: 0g | Fat: 1g | Fat: 12g |
| Sat Fat: 0g | Sat Fat: 0g | Sat Fat: 0.5g | Sat Fat: 0g | Sat Fat: 0g | Sat Fat: 1.5g |
| Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg |
| Sodium: 138mg | Sodium: 138mg | Sodium: 200mg | Sodium: 7mg | Sodium: 20mg | Sodium: 10mg |
| Carbs: 40g | Carbs: 53g | Carbs: 14g | Carbs: 35g | Carbs: 61g | Carbs: 38g |
| Dietary Fiber: 4g | Dietary Fiber: 8g | Dietary Fiber: 1g | Dietary Fiber: 5g | Dietary Fiber: 2g | Dietary Fiber: 8g |
| Total Sugars: 29g | Total Sugars: 36g | Total Sugars: 13g | Total Sugars: 26g | Total Sugars: 48g | Total Sugars: 30g |
| Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g |
| Protein: 2g | Protein: 15g | Protein: 2g | Protein: 0g | Protein: 5g | Protein: 9g |
| Potassium: 704mg | Potassium: 243mg | Potassium: 1099mg | Potassium: 233mg | Potassium: 1197mg | Potassium: 771mg |
| Calcium: 78mg | Calcium: 40mg | Calcium: 128mg | Calcium: 31mg | Calcium: 89mg | Calcium: 50mg |
| Iron: 3mg | Iron: 4mg | Iron: 1mg | Iron: 1mg | Iron: 2mg | Iron: 4mg |
| | | | | | |
| Green Cleanse | Junglelilly | Recovery Punch | TigerLilly | Watermelon Lime | |
| 18oz | 18oz | 16oz | 16oz | 16oz | |
| Calories: 132 | Calories: 175 | Calories: 170 | Calories: 50 | Calories: 174 | |
| Fat: 12.0g | Fat: 0g | Fat: 1g | Fat: 1.5g | Fat: 12.1g | |
| Sat Fat: 0g | Sat Fat: 0g | Sat Fat: 0g | Sat Fat: 0g | Sat Fat: 0g | |
| Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | |
| Sodium: 132mg | Sodium: 134mg | Sodium: 90mg | Sodium: 270mg | Sodium: 13mg | |
| Carbs: 25.5g | Carbs: 36g | Carbs: 38g | Carbs: 8g | Carbs: 44g | |
| Dietary Fiber: 4.5g | Dietary Fiber: 2g | Dietary Fiber: 0g | Dietary Fiber: 1g | Dietary Fiber: 2.7g | |
| Total Sugars: 16g | Total Sugars: 24g | Total Sugars: 34g | Total Sugars: 6g | Total Sugars: 33.9g | |
| Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | |
| Protein: 1.5g | Protein: 3g | Protein: 2g | Protein: 2g | Protein: .7g | |
| Potassium: 509.5mg | Potassium: 800mg | Potassium: 709mg | Potassium: 1088mg | Potassium: 677mg | |
| Calcium: 43.5mg | Calcium: 144mg | Calcium: 62mg | Calcium: 198mg | Calcium: 47mg | |
| Iron: 1.5mg | Iron: 2mg | Iron: 0mg | Iron: 0mg | Iron: 2mg | |

Smoothies

| Bam Bam | | | | Berry Godmother | | | |
|----------------|-------------------|--------------------|--------------------|------------------------|-------------------|--------------------|--------------------|
| | 14oz | 18oz | 24oz | | 14oz | 18oz | 24oz |
| | Calories: 409 | Calories: 603 | Calories: 829 | | Calories: 223 | Calories: 287 | Calories: 394 |
| | Fat: 12.4g | Fat: 23.2g | Fat: 33g | | Fat: 0.9g | Fat: 1.2g | Fat: 1.6g |
| | Sat Fat: 6g | Sat Fat: 1g | Sat Fat: 1.3g | | Sat Fat: 0g | Sat Fat: 0.1g | Sat Fat: 0.1g |
| | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg |
| | Sodium: 19mg | Sodium: 25mg | Sodium: 34mg | | Sodium: 22mg | Sodium: 29mg | Sodium: 39mg |
| | Carbs: 74g | Carbs: 96g | Carbs: 132g | | Carbs: 54g | Carbs: 70g | Carbs: 96g |
| | Dietary Fiber: 7g | Dietary Fiber: 10g | Dietary Fiber: 14g | | Dietary Fiber: 8g | Dietary Fiber: 10g | Dietary Fiber: 12g |
| | Total Sugars: 51g | Total Sugars:66g | Total Sugars: 91g | | Total Sugars: 35g | Total Sugars: 46g | Total Sugars: 63g |
| | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g |
| | Protein: 7g | Protein:10g | Protein:14g | | Protein: 3g | Protein: 3g | Protein: 5g |
| | Calcium: 8% | Calcium: 12% | Calcium: 16% | | Calcium: 7% | Calcium: 9% | Calcium: 12% |
| | Iron: 16%/mg | Iron: 22% | Iron: 30% | | Iron: 13% | Iron: 16% | Iron: 22% |

| Blue Mint Chip | | | | Clementine | | | |
|-----------------------|--------------------|--------------------|--------------------|-------------------|-------------------|-------------------|-------------------|
| | 14oz | 18oz | 24oz | Kids 9oz | 14oz | 18oz | 24oz |
| | Calories: 458 | Calories: 598 | Calories: 804 | Calories: 126 | Calories: 196 | Calories: 251 | Calories: 349 |
| | Fat: 17.4 | Fat: 23.1 | Fat: 31.1 | Fat: 0.4g | Fat: .7g | Fat: .8g | Fat: 1.2g |
| | Sat Fat: 4.4 | Sat Fat: 5.8g | Sat Fat: 7.8g | Sat Fat: 0 | Sat Fat: .1g | Sat Fat: .1g | Sat Fat: 0.1g |
| | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg |
| | Sodium: 119mg | Sodium: 159mg | Sodium: 211mg | Sodium: 1mg | Sodium: 2mg | Sodium: 3mg | Sodium: 4mg |
| | Carbs: 59g | Carbs: 76g | Carbs: 101g | Carbs: 31g | Carbs: 48g | Carbs: 62g | Carbs: 86g |
| | Dietary Fiber: 10g | Dietary Fiber: 13g | Dietary Fiber: 17g | Dietary Fiber: 2g | Dietary Fiber: 4g | Dietary Fiber: 5g | Dietary Fiber: 7g |
| | Total Sugars: 39g | Total Sugars: 51g | Total Sugars: 69g | Total Sugars: 26g | Total Sugars: 41g | Total Sugars: 52g | Total Sugars: 72g |
| | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g |
| | Protein: 13g | Protein: 17g | Protein: 23g | Protein: 1g | Protein: 2g | Protein: 3g | Protein: 4g |
| | Calcium: 5% | Calcium: 7% | Calcium: 9% | Calcium: 3% | Calcium: 4% | Calcium: 6% | Calcium: 8% |
| | Iron: 23% | Iron: 30% | Iron: 41% | Iron: 3% | Iron: 5% | Iron: 6% | Iron: 9% |

| Home Run | | | | Honey Beary | | | |
|-------------------|-------------------|-------------------|-------------------|--------------------|-------------------|--------------------|--------------------|
| Kids - 9oz | 14oz | 18oz | 24oz | Kids - 9oz | 14oz | 18oz | 24oz |
| Calories: 151 | Calories: 234 | Calories: 301 | Calories: 416 | Calories: 262 | Calories: 363 | Calories: 524 | Calories: 743 |
| Fat: 0.5g | Fat: 0.8g | Fat: 1g | Fat: 1.3g | Fat: 8.2g | Fat: 10.8g | Fat: 16.5g | Fat: 24.0g |
| Sat Fat: 0.1 | Sat Fat: 0g | Sat Fat: 0g | Sat Fat: 0g | Sat Fat: 1.2g | Sat Fat: 1.4g | Sat Fat: 2.3g | Sat Fat: 3.4g |
| Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg |
| Sodium: 8mg | Sodium: 12mg | Sodium: 15mg | Sodium: 21mg | Sodium: 56mg | Sodium: 87mg | Sodium: 113mg | Sodium: 163mg |
| Carbs: 38g | Carbs: 59g | Carbs: 76g | Carbs: 105g | Carbs: 48g | Carbs: 68g | Carbs: 96g | Carbs: 134g |
| Dietary Fiber: 3g | Dietary Fiber: 5g | Dietary Fiber: 7g | Dietary Fiber: 9g | Dietary Fiber: 5g | Dietary Fiber: 8g | Dietary Fiber: 11g | Dietary Fiber: 15g |
| Total Sugars: 25g | Total Sugars: 39g | Total Sugars: 50g | Total Sugars: 70g | Total Sugars:32g | Total Sugars:44g | Total Sugars:65g | Total Sugars:91g |
| Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g |
| Protein: 1g | Protein: 2g | Protein: 2g | Protein: 3g | Protein: 5g | Protein: 6g | Protein: 9g | Protein: 13g |
| Calcium: 2% | Calcium: 4% | Calcium: 5% | Calcium: 7% | Calcium: 5% | Calcium: 6% | Calcium: 7% | Calcium: 11% |
| Iron: 5% | Iron: 7% | Iron: 9% | Iron: 13% | Iron: 5% | Iron: 7% | Iron: 10% | Iron: 14% |

| I Dream Of Greenie | | | | Julio Verde | | | |
|---------------------------|-------------------|-------------------|--------------------|--------------------|-------------------|--------------------|--------------------|
| | 14oz | 18oz | 24oz | | 14oz | 18oz | 24oz |
| | Calories: 210 | Calories: 265 | Calories: 381 | | Calories: 422 | Calories: 535 | Calories: 783 |
| | Fat: 11.9g | Fat: 7.2g | Fat: 11.9g | | Fat: 18.4g | Fat: 23.3g | Fat: 37.2g |
| | Sat Fat: 0.8g | Sat Fat: 1g | Sat Fat: 1.6g | | Sat Fat: 1.1g | Sat Fat: 1g | Sat Fat: 1.7g |
| | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg |
| | Sodium: 29mg | Sodium: 42mg | Sodium: 61mg | | Sodium: 58mg | Sodium: 75mg | Sodium: 109mg |
| | Carbs: 39g | Carbs: 51g | Carbs: 69g | | Carbs: 64g | Carbs: 82g | Carbs: 112g |
| | Dietary Fiber: 6g | Dietary Fiber: 8g | Dietary Fiber: 12g | | Dietary Fiber: 8g | Dietary Fiber: 10g | Dietary Fiber: 13g |
| | Total Sugars: 24g | Total Sugars: 30g | Total Sugars: 41g | | Total Sugars: 42g | Total Sugars: 54g | Total Sugars: 74g |
| | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g |
| | Protein: 5g | Protein: 7g | Protein: 10g | | Protein: 5g | Protein: 6g | Protein: 9g |
| | Calcium: 4% | Calcium: 6% | Calcium: 8% | | Calcium: 7% | Calcium: 9% | Calcium: 13% |
| | Iron: 10% | Iron: 14% | Iron: 20% | | Iron: 10% | Iron: 12% | Iron: 18% |

| Kaleibrator | | | |
|-------------|-------------------|--------------------|--------------------|
| | 14oz | 18oz | 24oz |
| | Calories: 468 | Calories: 678 | Calories: 944 |
| | Fat: 21.5g | Fat: 33.8g | Fat: 47.9g |
| | Sat Fat: 1.4g | Sat Fat: 1.9g | Sat Fat: 2.5g |
| | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg |
| | Sodium: 37mg | Sodium: 49mg | Sodium: 69mg |
| | Carbs: 70g | Carbs: 96g | Carbs: 132g |
| | Dietary Fiber: 9g | Dietary Fiber: 12g | Dietary Fiber: 17g |
| | Total Sugars: 36g | Total Sugars: 46g | Total Sugars: 63g |
| | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g |
| | Protein: 8g | Protein: 11g | Protein: 15g |
| | Calcium: 6% | Calcium: 8% | Calcium: 12% |
| | Iron: 12% | Iron: 17% | Iron: 23% |

| Moontower | | | |
|-----------|--------------------|--------------------|--------------------|
| | 14oz | 18oz | 24oz |
| | Calories: 362 | Calories: 471 | Calories: 642 |
| | Fat: 7.7g | Fat: 10g | Fat: 14.2g |
| | Sat Fat: 0.7g | Sat Fat: 0.9g | Sat Fat: 1.3g |
| | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg |
| | Sodium: 89mg | Sodium: 114mg | Sodium: 164mg |
| | Carbs: 69g | Carbs: 90g | Carbs: 122g |
| | Dietary Fiber: 10g | Dietary Fiber: 13g | Dietary Fiber: 18g |
| | Total Sugars: 39g | Total Sugars: 52g | Total Sugars: 70g |
| | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g |
| | Protein: 11g | Protein: 14g | Protein: 19g |
| | Calcium: 8% | Calcium: 10% | Calcium: 14% |
| | Iron: 18% | Iron: 23% | Iron: 31% |

| Morning Sunshine | | | |
|------------------|-------------------|-------------------|--------------------|
| | 14oz | 18oz | 24oz |
| | Calories: 303 | Calories: 391 | Calories: 563 |
| | Fat: 0.7g | Fat: 0.9g | Fat: 1.3g |
| | Sat Fat: 0.2g | Sat Fat: 0.2g | Sat Fat: 0.3g |
| | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg |
| | Sodium: 19mg | Sodium: 25mg | Sodium: 34mg |
| | Carbs: 75g | Carbs: 97g | Carbs: 132g |
| | Dietary Fiber: 7g | Dietary Fiber: 9g | Dietary Fiber: 11g |
| | Total Sugars: 53g | Total Sugars: 68g | Total Sugars: 94g |
| | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g |
| | Protein: 4g | Protein: 5g | Protein: 7g |
| | Calcium: 6% | Calcium: 7% | Calcium: 10% |
| | Iron: 12% | Iron: 16% | Iron: 21% |

| Originator | | | |
|------------|-------------------|-------------------|--------------------|
| | 14oz | 18oz | 24oz |
| | Calories: 369 | Calories: 374 | Calories: 700 |
| | Fat: 5.1g | Fat: 8.9g | Fat: 13.5g |
| | Sat Fat: 1g | Sat Fat: 1.8g | Sat Fat: 2.7g |
| | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg |
| | Sodium: 29mg | Sodium: 28mg | Sodium: 53mg |
| | Carbs: 78g | Carbs: 69g | Carbs: 139g |
| | Dietary Fiber: 8g | Dietary Fiber: 9g | Dietary Fiber: 13g |
| | Total Sugars: 52g | Total Sugars: 39g | Total Sugars: 92g |
| | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g |
| | Protein: 9g | Protein: 13g | Protein: 18g |
| | Calcium: 5% | Calcium: 5% | Calcium: 10% |
| | Iron: 15% | Iron: 18% | Iron: 27% |

| Paradise Found | | | |
|----------------|-------------------|-------------------|--------------------|
| | 14oz | 18oz | 24oz |
| | Calories: 287 | Calories: 370 | Calories: 512 |
| | Fat: 0.7g | Fat: 0.9g | Fat: 1.2g |
| | Sat Fat: 0.1g | Sat Fat: 0.2g | Sat Fat: 0.3g |
| | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg |
| | Sodium: 6mg | Sodium: 8mg | Sodium: 12mg |
| | Carbs: 73g | Carbs: 94g | Carbs: 130g |
| | Dietary Fiber: 6g | Dietary Fiber: 7g | Dietary Fiber: 10g |
| | Total Sugars: 51g | Total Sugars: 65g | Total Sugars: 90g |
| | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g |
| | Protein: 2g | Protein: 3g | Protein: 4g |
| | Calcium: 5% | Calcium: 7% | Calcium: 10% |
| | Iron: 7% | Iron: 9% | Iron: 13% |

| Peachy Green | | | | |
|--------------|-------------------|-------------------|-------------------|-------------------|
| | Kids - 9oz | 14oz | 18oz | 24oz |
| | Calories: 111 | Calories: 173 | Calories: 222 | Calories: 311 |
| | Fat: 0.5g | Fat: 0.8g | Fat: 1g | Fat: 1.4g |
| | Sat Fat: 0.1 | Sat Fat: 0.1g | Sat Fat: 0.1g | Sat Fat: 0.2g |
| | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg |
| | Sodium: 11mg | Sodium: 17mg | Sodium: 22mg | Sodium: 33mg |
| | Carbs: 27g | Carbs: 42g | Carbs: 54g | Carbs: 76g |
| | Dietary Fiber: 2g | Dietary Fiber: 3g | Dietary Fiber: 4g | Dietary Fiber: 6g |
| | Total Sugars: 23g | Total Sugars: 36g | Total Sugars: 46g | Total Sugars: 64g |
| | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g |
| | Protein: 1g | Protein: 2g | Protein: 3g | Protein: 4g |
| | Calcium: 3% | Calcium: 4% | Calcium: 6% | Calcium: 8% |
| | Iron: 4% | Iron: 6% | Iron: 7% | Iron: 10% |

| Percolator | | | |
|------------|-------------------|--------------------|--------------------|
| | 14oz | 18oz | 24oz |
| | Calories: 283 | Calories: 365 | Calories: 496 |
| | Fat: 5g | Fat: 6.5g | Fat: 9.2g |
| | Sat Fat: 0.5g | Sat Fat: 0.7g | Sat Fat: 1g |
| | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg |
| | Sodium: 54mg | Sodium: 69mg | Sodium: 99mg |
| | Carbs: 60g | Carbs: 77g | Carbs: 104g |
| | Dietary Fiber: 9g | Dietary Fiber: 12g | Dietary Fiber: 16g |
| | Total Sugars: 32g | Total Sugars: 41g | Total Sugars: 55g |
| | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g |
| | Protein: 5g | Protein: 7g | Protein: 10g |
| | Calcium: 5% | Calcium: 7% | Calcium: 9% |
| | Iron: 9% | Iron: 12% | Iron: 16% |

| Raspberry Hooray | | | | |
|------------------|-------------------|-------------------|--------------------|--------------------|
| | kids - 9oz | 14oz | 18oz | 24oz |
| | Calories: 194 | Calories: 301 | Calories: 389 | Calories: 537 |
| | Fat: 0.7g | Fat: 1.1g | Fat: 1.4g | Fat: 1.9g |
| | Sat Fat: 0.1g | Sat Fat: 0.2g | Sat Fat: 0.3g | Sat Fat: 0.4g |
| | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg |
| | Sodium: 4mg | Sodium: 7mg | Sodium: 8mg | Sodium: 12mg |
| | Carbs: 48g | Carbs: 75g | Carbs: 97g | Carbs: 134g |
| | Dietary Fiber: 5g | Dietary Fiber: 8g | Dietary Fiber: 10g | Dietary Fiber: 13g |
| | Total Sugars: 30g | Total Sugars: 46g | Total Sugars: 60g | Total Sugars: 83g |
| | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g |
| | Protein: 2g | Protein: 3g | Protein: 4g | Protein: 6g |
| | Calcium: 3% | Calcium: 5% | Calcium: 6% | Calcium: 8% |
| | Iron: 5% | Iron: 8% | Iron: 10% | Iron: 14% |

| Rehydrator | | | |
|------------|-------------------|-------------------|--------------------|
| | 14oz | 18oz | 24oz |
| | Calories: 239 | Calories: 351 | Calories: 497 |
| | Fat: 7g | Fat: 13.5g | Fat: 20.1g |
| | Sat Fat: 0g | Sat Fat: 0g | Sat Fat: 0.1g |
| | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg |
| | Sodium: 56mg | Sodium: 82mg | Sodium: 108mg |
| | Carbs: 47 | Carbs: 60g | Carbs: 83g |
| | Dietary Fiber: 7g | Dietary Fiber: 9g | Dietary Fiber: 11g |
| | Total Sugars: 36g | Total Sugars: 47g | Total Sugars: 65g |
| | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g |
| | Protein: 3g | Protein: 4g | Protein: 5g |
| | Calcium: 4% | Calcium: 6% | Calcium: 8% |
| | Iron: 5% | Iron: 7% | Iron: 9% |

| Soul Boulder | | | |
|--------------|--------------------|--------------------|--------------------|
| | 14oz | 18oz | 24oz |
| | Calories: 434 | Calories: 634 | Calories: 879 |
| | Fat: 17.5g | Fat: 27.4g | Fat: 39.1g |
| | Sat Fat: 0.9g | Sat Fat: 1.2g | Sat Fat: 1.7g |
| | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg |
| | Sodium: 48mg | Sodium: 84mg | Sodium: 120mg |
| | Carbs: 63g | Carbs: 89g | Carbs: 121g |
| | Dietary Fiber: 11g | Dietary Fiber: 14g | Dietary Fiber: 19g |
| | Total Sugars: 35g | Total Sugars: 52g | Total Sugars: 71g |
| | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g |
| | Protein: 12g | Protein: 16g | Protein: 21g |
| | Calcium: 10% | Calcium: 15% | Calcium: 21% |
| | Iron: 19% | Iron: 25% | Iron: 33% |

| Strawberry Mylkshake | | | |
|----------------------|-------------------|-------------------|--------------------|
| | 14oz | 18oz | 24oz |
| | Calories: 200 | Calories: 258 | Calories: 351 |
| | Fat: 6.3g | Fat: 8.3g | Fat: 11.4g |
| | Sat Fat: 0.7g | Sat Fat: 0.9g | Sat Fat: 1.2g |
| | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg |
| | Sodium: 4mg | Sodium: 6mg | Sodium: 7mg |
| | Carbs: 34g | Carbs: 43g | Carbs: 59g |
| | Dietary Fiber: 5g | Dietary Fiber: 7g | Dietary Fiber: 10g |
| | Total Sugars: 19g | Total Sugars: 24g | Total Sugars: 32g |
| | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g |
| | Protein: 5g | Protein: 7g | Protein: 9g |
| | Calcium: 4% | Calcium: 5% | Calcium: 6% |
| | Iron: 12% | Iron: 16% | Iron: 21% |

| Vegetable Collective | | | |
|----------------------|-------------------|--------------------|--------------------|
| | 14oz | 18oz | 24oz |
| | Calories: 314 | Calories: 462 | Calories: 659 |
| | Fat: 7.9g | Fat: 14.9g | Fat: 22.1g |
| | Sat Fat: 0.2g | Sat Fat: 0.3g | Sat Fat: 0.5g |
| | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg |
| | Sodium: 79mg | Sodium: 127mg | Sodium: 185mg |
| | Carbs: 60g | Carbs: 80g | Carbs: 113g |
| | Dietary Fiber: 7g | Dietary Fiber: 10g | Dietary Fiber: 14g |
| | Total Sugars: 47g | Total Sugars: 62g | Total Sugars: 87g |
| | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g |
| | Protein: 6g | Protein: 8g | Protein: 11g |
| | Calcium: 9% | Calcium: 12% | Calcium: 18% |
| | Iron: 16% | Iron: 22% | Iron: 30% |

| Wild Child | | | |
|------------|-------------------|-------------------|-------------------|
| | 14oz | 18oz | 24oz |
| | Calories: 323 | Calories: 419 | Calories: 558 |
| | Fat: 5g | Fat: 7g | Fat: 9g |
| | Sat Fat: 4g | Sat Fat: 5g | Sat Fat: 7g |
| | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg |
| | Sodium: 93mg | Sodium: 120mg | Sodium: 160mg |
| | Carbs: 66g | Carbs: 86g | Carbs: 114g |
| | Dietary Fiber: 5g | Dietary Fiber: 5g | Dietary Fiber: 6g |
| | Total Sugars: 25g | Total Sugars: 33g | Total Sugars: 44g |
| | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g |
| | Protein: 9g | Protein: 11g | Protein: 15g |
| | Calcium: 62mg | Calcium: 81mg | Calcium: 108mg |
| | Iron: 3mg | Iron: 4mg | Iron: 6mg |

| Wundershowzen | | | | |
|---------------|-------------------|-------------------|--------------------|--------------------|
| | kids - 9oz | 14oz | 18oz | 24oz |
| | Calories: 252 | Calories: 368 | Calories: 505 | Calories: 702 |
| | Fat: 8.7g | Fat: 11.5g | Fat: 17.4g | Fat: 25.3g |
| | Sat Fat: 1.3g | Sat Fat: 1.6g | Sat Fat: 2.5g | Sat Fat: 3.7g |
| | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg |
| | Sodium: 65mg | Sodium: 100mg | Sodium: 130mg | Sodium: 188mg |
| | Carbs: 42g | Carbs: 64g | Carbs: 84g | Carbs: 114g |
| | Dietary Fiber: 6g | Dietary Fiber: 9g | Dietary Fiber: 12g | Dietary Fiber: 17g |
| | Total Sugars: 23g | Total Sugars: 36g | Total Sugars: 47g | Total Sugars: 64g |
| | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g |
| | Protein: 7g | Protein: 9g | Protein: 13g | Protein: 19g |
| | Calcium: 5% | Calcium: 8% | Calcium: 10% | Calcium: 15% |
| | Iron: 10% | Iron: 15% | Iron: 20% | Iron: 28% |

Smoothie Bowls

| Açaí Bowl | |
|------------------|--------------------|
| 1 Bowl | |
| Calories: 564 | Dietary Fiber: 10g |
| Fat: 13g | Total Sugars: 72g |
| Sat Fat: 4g | Added Sugars: 18g |
| Cholesterol: 0mg | Protein: 6g |
| Sodium: 73mg | Potassium: 1062mg |
| Carbs: 109g | Calcium: 104mg |
| | Iron: 2mg |

| Smoothie Bowl |
|--------------------|
| 1 Small Smoothie + |
| Calories: +518 |

Shots

| B-12 Shot | Blue Dream | Dr. Doctor | Guayusa/Yerba Mate | Hot Shot |
|-------------------|-------------------|-------------------|--------------------|-------------------|
| Calories: 36 | Calories:48 | Calories: 24 | Calories: 36 | Calories: 15 |
| Fat: 0g | Fat: 0g | Fat: 0g | Fat: 0g | Fat: 0g |
| Sat Fat: 0g | Sat Fat: 0g | Sat Fat: 0g | Sat Fat: 0g | Sat Fat: 0g |
| Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg |
| Sodium: 6mg | Sodium: 10mg | Sodium: 4mg | Sodium: 6mg | Sodium: 9mg |
| Carbs: 5g | Carbs: 13g | Carbs: 6g | Carbs: 5g | Carbs: 4g |
| Dietary Fiber: 0g | Dietary Fiber: 0g | Dietary Fiber: 1g | Dietary Fiber: 0g | Dietary Fiber: 0g |
| Total Sugars: 2g | Total Sugars: 3g | Total Sugars: 2g | Total Sugars: 2g | Total Sugars: 1g |
| Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g |
| Protein: 0g | Protein: 2g | Protein: 1g | Protein: 0g | Protein: 1g |
| Potassium: 0mg | Potassium: 238mg | Potassium: 131mg | Potassium: 0mg | Potassium: 80mg |
| Calcium: 0mg | Calcium: 13mg | Calcium: 11mg | Calcium: 0mg | Calcium: 7mg |
| Iron: 0mg | Iron: 0mg | Iron: 0mg | Iron: 0mg | Iron: 0mg |

| Liquid Gold | Noni 2 Fear | Wheatgrass |
|-------------------|-------------------|-------------------|
| Calories: 43 | Calories: 6 | Calories: 15 |
| Fat: 0g | Fat: 0g | Fat: 0g |
| Sat Fat: 0g | Sat Fat: 0g | Sat Fat: 0g |
| Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg |
| Sodium: 12mg | Sodium: 14mg | Sodium: 0mg |
| Carbs: 12g | Carbs: 1g | Carbs: 2g |
| Dietary Fiber: 0g | Dietary Fiber: 0g | Dietary Fiber: 1g |
| Total Sugars: 1g | Total Sugars: 0g | Total Sugars: 0g |
| Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g |
| Protein: 2g | Protein: 0g | Protein: 0g |
| Potassium: 263mg | Potassium: 28mg | Potassium: 103mg |
| Calcium: 2mg | Calcium: 2mg | Calcium: 14mg |
| Iron: 0mg | Iron: 0mg | Iron: 8mg |

Lattes + Tonics

| Fixer Elixir | Golden Mylk Coffee Latte | Iced Coffee + Almond Milk | Liquid Gold Drop | Matcha Latte |
|-------------------|--------------------------|---------------------------|-------------------|-------------------|
| Calories: 90 | Calories: 329 | Calories: 47 | Calories: 93 | Calories: 340 |
| Fat: 0g | Fat: 20g | Fat: 1g | Fat: 0g | Fat: 20g |
| Sat Fat: 0g | Sat Fat: 8g | Sat Fat: 0g | Sat Fat: 0g | Sat Fat: 8g |
| Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg |
| Sodium: 7mg | Sodium: 16mg | Sodium: 79mg | Sodium: 26mg | Sodium: 15mg |
| Carbs: 22g | Carbs: 39g | Carbs: 8g | Carbs: 26g | Carbs: 38g |
| Dietary Fiber: 0g | Dietary Fiber: 4g | Dietary Fiber: 0g | Dietary Fiber: 0g | Dietary Fiber: 4g |
| Total Sugars: 13g | Total Sugars: 32g | Total Sugars: 7g | Total Sugars: 13g | Total Sugars: 31g |
| Added Sugars: 11g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 11g | Added Sugars: 1g |
| Protein: 0g | Protein: 8g | Protein: 1g | Protein: 2g | Protein: 12g |
| Potassium: 11mg | Potassium: 391mg | Potassium: 177mg | Potassium: 302mg | Potassium: 433mg |
| Calcium: 0mg | Calcium: 44mg | Calcium: 104mg | Calcium: 14mg | Calcium: 37mg |
| Iron: 0mg | Iron: 0mg | Iron: 0mg | Iron: 0mg | Iron: 1mg |

| Mocha Latte | Majik Drop | | | |
|-------------------|-------------------|--|--|--|
| Calories: 299 | Calories: 139 | | | |
| Fat: 15g | Fat: 0g | | | |
| Sat Fat: 8g | Sat Fat: 0g | | | |
| Cholesterol: 0mg | Cholesterol: 0mg | | | |
| Sodium: 16mg | Sodium: 24mg | | | |
| Carbs: 41g | Carbs: 38g | | | |
| Dietary Fiber: 5g | Dietary Fiber: 0g | | | |
| Total Sugars: 32g | Total Sugars: 27g | | | |
| Added Sugars: 1g | Added Sugars: 23g | | | |
| Protein: 6g | Protein: 2g | | | |
| Potassium: 474mg | Potassium: 284mg | | | |
| Calcium: 37mg | Calcium: 26mg | | | |
| Iron: 1mg | Iron: 0mg | | | |

Food

| Beyond Burrito | Dragon Fruit Overnight Oats | Frijole Roller | Jackfruit Carniatas | Jerk Sweet Potato Grain Bowl |
|-----------------------|------------------------------------|-----------------------|----------------------------|-------------------------------------|
| Calories: 460 | Calories: 420 | Calories: 659 | Calories: 280 | Calories: 830 |
| Fat: 26g | Fat: 26g | Fat: 29g | Fat: 19g | Fat: 47g |
| Sat Fat: 3g | Sat Fat: 2.5g | Sat Fat: 4g | Sat Fat: 2.5g | Sat Fat: 10g |
| Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg |
| Sodium: 1840mg | Sodium: 120mg | Sodium: 819mg | Sodium: 480mg | Sodium: 1520mg |
| Carbs: 33g | Carbs: 43g | Carbs: 85g | Carbs: 22g | Carbs: 79g |
| Dietary Fiber: 5g | Dietary Fiber: 9g | Dietary Fiber: 10g | Dietary Fiber: 3g | Dietary Fiber: 29g |
| Total Sugars: 5g | Total Sugars: 15g | Total Sugars: 6g | Total Sugars: 6g | Total Sugars: 11g |
| Added Sugars: 0g | Added Sugars: 9g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 5g |
| Protein: 19g | Protein: 16g | Protein: 18g | Protein: 6g | Protein: 24g |
| Potassium: 590mg | Potassium: 273mg | Potassium: 1213mg | Potassium: 455mg | Potassium: 1420mg |
| Calcium: 130mg | Calcium: 83mg | Calcium: 137mg | Calcium: 58mg | Calcium: 200mg |
| Iron: 3mg | Iron: 2mg | Iron: 4mg | Iron: 2mg | Iron: 5mg |
| Mannawich | Mid East Feast | Rainbow Quinoa | Spring Roll Bowl | Queso Roller |
| Calories: 390 | Calories: 408 | Calories: 257 | Calories: 440 | Calories: 400 |
| Fat: 38g | Fat: 29g | Fat: 17g | Fat: 17g | Fat: 15g |
| Sat Fat: 13g | Sat Fat: 4g | Sat Fat: 2g | Sat Fat: 2.5g | Sat Fat: 2g |
| Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg | Cholesterol: 0mg |
| Sodium: 233mg | Sodium: 642mg | Sodium: 436mg | Sodium: 1440mg | Sodium: 580mg |
| Carbs: 37g | Carbs: 33g | Carbs: 23g | Carbs: 59g | Carbs: 51g |
| Dietary Fiber: 10g | Dietary Fiber: 8g | Dietary Fiber: 4g | Dietary Fiber: 4g | Dietary Fiber: 3g |
| Total Sugars: 8g | Total Sugars: 5g | Total Sugars: 6g | Total Sugars: 9g | Total Sugars: 4g |
| Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 0g | Added Sugars: 1g | Added Sugars: 0g |
| Protein: 12g | Protein: 2g | Protein: 6g | Protein: 18g | Protein: 15g |
| Potassium: 175mg | Potassium: 460mg | Potassium: 435mg | Potassium: 453mg | Potassium: 719mg |
| Calcium: 83mg | Calcium: 69mg | Calcium: 47mg | Calcium: 471mg | Calcium: 78mg |
| Iron: 4mg | Iron: 4mg | Iron: 2mg | Iron: 4mg | Iron: 5mg |